

# Parent Council Update

January 2017

Website: [www.mpsc.info](http://www.mpsc.info)

E-mail: [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)

## SCHOOL COUNCIL



Join us for our next School Council meeting. On the agenda, the Parents Reaching Out (PRO) Grant workshop with Dr. Marian Small (January 17th), Council Goals, OCASC update, and more. The meeting takes place **Wednesday January 18th, 2017, at 7 pm** in the school library.

**All are welcome. Hope to see you there!**

Interested in receiving updates from School Council? Send your email address to [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca). Don't forget to check out the School Council website: [www.mpsc.info](http://www.mpsc.info).

## School Council Executive

We are happy to have the following volunteer executive members for the 2016-2017 school year:

Chair – Sue Noble  
Vice-chair – Kathryn Pizana  
Past Chair – Wendy Colthart  
Secretary - Caroline Sullivan  
Communications Coordinator - Sharon Leslie  
Kindergarten Representative – Steve Bezanson  
Primary Representative - Nancy O'Brien  
Junior Representative – Suehila Elkatab  
OCASC Representative – Andrea Genereaux  
Members at Large - Edith Post and Andrew Matthews  
MPCC Community Liaison Delegate – Mary Ruth Endicott  
Treasurer / Home and School Representative – Heather Mustoe

Thank you to everyone who is taking on a role with Council this year!

### Staff Representatives:

Sue Massaad, Principal  
Dan Martin, Vice Principal  
Bruce Devenny  
Marie-France Jeurond

### Home and School Association:

Past Chair – Wendy Colthart  
Chair - Sue Noble  
Secretary – Caroline Sullivan  
Treasurer – Heather Mustoe

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**\*Join us tonight for an evening with Dr. Marian Small to learn how to help your child succeed in Math!\***

**Tuesday, January 17th, 6:30 - 8 pm at Manor Park Public School**

Marian Small is an Author and International Professional Development Consultant for Improved Mathematics Education. She will help you to understand your child's Math experience in the classroom and offer suggestions for at-home Math activities to support their development.

Advanced registration would be appreciated.

Register at: <https://goo.gl/forms/4TNdVX5XFbIDA1xX2> or by phone at 613-746-8131.

For more information about Dr. Small, please visit her website

<http://www.onetwoinfinity.com>

## Council Meetings – Open Forum

The Manor Park School Council meets regularly throughout the school year. Typical agenda items include an update from the Principal and Vice Principal, updates on Council's financial matters as well as other items that are of interest throughout the year.

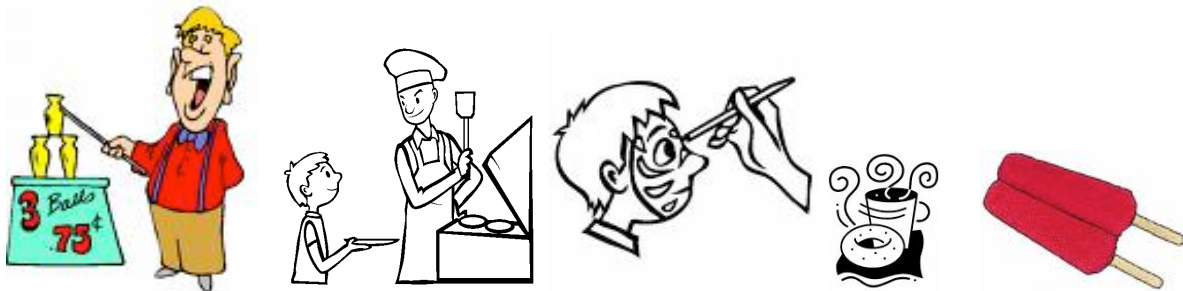
The meeting is a chance for all parents to ask questions, become informed and get involved. We hope you'll come!

We are looking for a **May Fair Coordinator** and other volunteers. If you are interested in coordinating - or co-coordinating - the 2017 May Fair, please email us at [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)

## MAY FAIR 2017

**Will this be the 65th Year of the May Fair?**

**COORDINATOR NEEDED - PLEASE!**



We are looking for a May Fair Coordinator and need your help. We all know how much fun our kids have at the annual May Fair but we can't do it without you! This is a great fundraiser for the school but equally importantly, it's a wonderful day for our children and the community.

If you are interested in coordinating - or co-coordinating - the 2017 May Fair, please email us at [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca). The May Fair has been a tradition of Manor Park for many years and we hope to be able to continue this great community event. We have some volunteers for various roles but need a coordinator, or two, to step forward. We would like to continue with the May Fair as it is an event that brings the whole community of Manor Park together, as well as being a significant contribution to much needed funds for the School Council - and the students of Manor Park Public School. Without you, we cannot make this happen. We have divided roles for volunteers with various tasks and prepared great planning tools with information from previous years to help ease the task of coordinating. **With your help, this will be the 65 year of the May Fair!**

Please contact us for more information.



## **Dance-A-Thon**

A healthy fundraiser to benefit Manor Park Public School

**Coming Soon - Friday, February 10, 2017**

As part of Manor Park School's Healthy Active School Initiative, the Home and School Association will be hosting Manor Park's 6th annual Dance-A-Thon on Friday, February 10th, 2017. This is a major fundraiser for the school and all money raised will go towards school enhancements such as classroom support, teacher resources, library books and fieldtrips.

All students in the school from Kindergarten to Grade 6 participate in this great event. In addition to collecting donations, students will be allocated between 30 and 50 minutes to dance with their classmates. The gymnasium is darkened and decorated with disco balls and flashing lights, and at the end of the day, there is a final assembly to announce how much money was raised and to hand out prizes. Last year, prizes included numerous gift certificates, sports equipment and a class pizza party. When not dancing, students will attend regular classes.

Donation envelopes will be sent home with all students this week and we ask that each student collect donations from friends and family. The students are asked to request a flat rate donation and collect the money in advance. Students can submit their donations to their classroom teacher in the envelope that will be provided.

We ask that all donation envelopes be handed in by Wednesday, February 8th. To be eligible for prizes, all donation forms must be handed in before the Dance-A-Thon date.

### **PRIZES**

#### **Contest #1: Raffles**

All students who raise \$5.00-\$24.00 in donations will receive one chance to win a \$5.00 gift card for Subway (5 raffle prizes).

All students who raise \$25.00-\$50.00 in donations will receive one chance to win a \$10.00 gift card for Cineplex Odeon (5 raffle prizes).

All students who raise over \$50.00 in donations will receive one chance to win a \$25.00 gift card for Chapters/Indigo (2 raffle prizes).

#### **Contest #2: Highest Amount Winners**

The male and female student with the highest dollar amount raised will each win a Scooter.

**The class with the most participation will receive a pizza party.**

**THANK YOU FOR YOUR SUPPORT! GET READY TO DANCE!**

## NEWS FROM OUR SCHOOL TRUSTEE

Visit the website [www.SchoolZone6.org](http://www.SchoolZone6.org) for information on the Elementary School Program Framework Consultation as well as the key Consultation Timeline for Eastern Secondary Review.

Chris Ellis [613-818-7350](tel:613-818-7350)

Trustee Zone 6 Alta Vista & Rideau-Rockcliffe of the Ottawa-Carleton District School Board

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### MABEL'S LABELS



**Buy Mabel's Labels  
to support our fundraiser.**

Labels for clothes, shoes, containers and more.




[Click here to support the Manor Park School Council and buy labels](#)


Customers know the benefits of labeling their items, and orders are placed throughout the year, not just during the back-to-school season. Labels are a great way to save going to the Lost & Found! Mabel's Labels have labels for backpacks, shoes, pencils, sweaters, jackets, and any type of item.

There are many designs to choose from and you decide what information you would like to see on the label. There are also labels under the tab **"safety & household"** that can be used as allergy alerts or event to label your homemade preserves. You can purchase packs to give out for birthday parties, small packs for a few items or larger packs for many items. Commissions from the sale of these labels are returned to MPSC! We hope you enjoy the labels AND not losing your child's belongings! You'll see "You are supporting:Manor Park School Council (Ottawa)" in the top left corner. If not, then choose **Manor Park School Council** in the drop down menu. It's easy to find MPSC's fundraising page then you'll be helping provide funds directly to our school.

Tell your friends about this great fundraiser! [Visit the website](#) for more details.



Allspice	Anise Seeds	Arrowroot	Basil	Bay Leaves
Cajun Spice	Caraway Seeds	Cayenne	Celery Salt	Chili Powder
Chives	Crushed Chilies	Cinnamon	Cloves	Coriander
Creole of Tartar	Cumin	Curry	Dill Weed	Fennel
Fenugreek Seeds	Chinese 5-Spice	Garam Masala	Garlic Powder	Garlic Salt
Ginger	Lemon Pepper	Marjoram	Mint	Mustard
Nutmeg	Onion Powder	Oregano	Parsley	Paprika
Pepper	Peppercorns	Pumpkin Seeds	Redry Seasoning	Rosemary
Saffron	Sage	Salt	Savory	Sea Salt





In the spring, Beck Hood from Family Services Ottawa had the wonderful opportunity to present the workshop, Understanding the Spectrum of Gender Identity and Gender Expression, to the Manor Park School Council and community. The focus of the presentation and discussion was to open dialogue on how to support and affirm gender creative, gender fluid, and transgender children and youth within our schools and communities. Beck provides public education and community development programs. Beck self identifies as trans and non-binary. They use the pronouns he/him/his and they/them/theirs. They provide guidance on how to support transgender, two spirit, non-binary, and gender diverse children and youth in accordance with the Ontario Human Rights Commission's Policy on Preventing Discrimination Because of Gender Identity and Gender Expression. Beck's work focuses on community development, education, advocacy, and social programs. He works closely with families, school boards, resource, health, and recreational centers to provide education and support around social transitioning, gender diversity and sexual orientation.

In collaboration with CHEO, Family Services Ottawa hosts a Parent Support Group for parents and caregivers whose child or youth expresses gender diversity. The group meets at Family Services Ottawa, 312 Parkdale Ave, on the 3<sup>rd</sup> Tuesday of each month from 6:30pm -8:30pm. In partnership with Mothercraft Ottawa, Family Services Ottawa hosts LGBTTQ+ Rainbow Families Art & Play afternoons. Rainbow Families gathers at Mothercraft Ottawa, 475 Evered Avenue, on the 1<sup>st</sup> Saturday of each month from 1pm-4pm. In partnership with the Ten Oaks Project, Family Services Ottawa hosts the Trans Children and Youth Swim Night at the Jack Purcell Pool. The winter 2017 dates for the swim night are scheduled for January 21st (6:30-7:30pm), February 18th (6:30-7:30pm) and March 18th (8-9pm).

For further information, resources or to book a workshop please email: [bhood@familyservicesottawa.org](mailto:bhood@familyservicesottawa.org) . Find our updated social programs on Facebook: <https://www.facebook.com/LGBTQ-Around-the-Rainbow-Family-Services-Ottawa-195322803947632/>



# **SHAKE YOUR SNOW TAILS!**

**LGBTTQ+ RAINBOW FAMILIES**

**VISIT MULTIPLE INDOOR ROOMS DEDICATED TO  
FREE PLAY, CREATING WINTER TAILS AND EARS,  
AND A QUIETER STORY TIME ROOM**

**OUTDOOR ACTIVITIES WILL BE RAINBOW SNOW  
PAINTING, SLEDDING & TOBOGGAN RIDES**

**SATURDAY FEBRUARY 4TH, 2017**

**1PM - 4PM**

**475 EVERED AVENUE,  
MOTHERCRAFT OTTAWA**

**FREE EVENT. DROP IN ANYTIME!**

**THIS EVENT IS HOSTED BY  
FAMILY SERVICES OTTAWA AND MOTHERCRAFT OTTAWA**



## AROUND THE RAINBOW

*We provide LGBTTTQ+ services and resources to our communities to support families and individuals. Our services include:*

- ◆ Training and education for service providers to create welcoming, inclusive and equal spaces for LGBTTTQ+ families and individuals
- ◆ Rainbow Family Art and Play afternoons for LGBTTTQ+ families and their children
- ◆ Support group for parents and caregivers of gender creative, gender fluid, gender independent, trans children and youth
- ◆ Support group for youth who identify as gender fluid, trans, two- spirit, gender diverse, non-binary
- ◆ Special Rainbow Family events, including Rainbow Snowflake Sparkle and Pride Family Picnic
- ◆ Information, referral and supports for LGBTTTQ+ families and individuals
- ◆ Counselling services for LGBTTTQ+ adults
- ◆ Trans+ children and youth swim nights

Family Services Ottawa

312 Parkdale Avenue, Ottawa, ON K1Y 4X5 [www.familyservicesottawa.org](http://www.familyservicesottawa.org)

[fsfo@familyservicesottawa.org](mailto:fsfo@familyservicesottawa.org) 613 725-3601

Charitable Registration Number: 10737-6147 RR000

# MANOR PARK COMMUNITY COUNCIL

Visit the MPCC website for the latest news and registration:  
<http://www.manorpark.ca/index.php>

Happy New Year from the Manor Park Community Council (MPCC)!

The MPCC has been providing recreational programs, and now licensed child care, to the community for over 35 years! And what a great 2017 we have planned for Manor Park.

**Nutrition Break Arts** programming is offered during meal breaks to students at Manor Park School. We start 2017 with a great new price -- \$40 for each 5-session program. Choose from 'Make it with Code', 'Deep in the Forest Art', 'Healthy Cooking', 'Chess', and more. Classes start January 16 – don't miss out! Online registration at [manorpark.ca](http://manorpark.ca)

**Manor Park Outdoor Rinks** are ready for hockey players and skaters! We build and maintain one of the largest ice surfaces in the Ottawa. Located on the sports fields behind the school, is a night-lit and boarded hockey rink, skating oval and pleasure puddle. Be safe and observe the rink rules posted on [manorpark.ca](http://manorpark.ca)

**Skating Party and Chili Cook-off** is a favourite of residents young and old! Saturday February 4 kicks off with our own 'Manor Park Classic' between local teams. At 5pm, the food, music, bonfire and skating begin. To be a Chili Champ, bring a pot of your best chili to the Manor Park Community Centre (100 Thornwood Road) by 5pm. Get all the event details at [manorpark.ca](http://manorpark.ca)

We have lots of **sports for kids!** This January, register in our floorball league (a high scoring fast-paced form of ball hockey), learn tennis indoors, or get a bit of everything in 'Active Kids'. Register online at [manorpark.ca](http://manorpark.ca)

Do you have a preschooler or toddler at home? We have a warm and caring environment waiting for them at the **Manor Park Playschool**. Parents and children are invited to visit our Open House on March 23 between 9-10am and 5:30-7pm. [Manorpark.ca](http://Manorpark.ca)

We haven't forgotten the **adults** in our community! Enrich your life with our one-day 'Relationship Workshop' in February. Or, get active with our flexible fitness pass that gets you (and a friend or two) into Zumba, Totally Toned or Core Fitness for Men. Older adults will love Party HEARTy and Stay Strong and Stable.

Get ready! Registration for '**Before- and After-School in Manor Park**' for September 2017 through June 2018 starts soon. Watch [manorpark.ca](http://manorpark.ca) for details about registration, and PA Day programming.

Manor Park Community Council  
100 Braemar Street  
Ottawa, ON K1K 3C9  
Tel: [613-741-4776](tel:613-741-4776)

Follow us on Twitter @ManorParkcc  
Follow us on Facebook at [www.facebook.com/ManorParkCommunityCouncil](http://www.facebook.com/ManorParkCommunityCouncil)

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Visit the **Manor Park School Council website for news.**

The website is updated regularly with information about school council organized activities and meetings, ways to volunteer within the school, why volunteering is so important, and how you can get involved.

Visit us at: <http://www.mpsc.info/mpscblog/home/>

## **INTERESTED IN OTHER WAYS TO GET INVOLVED?**

There are countless ways to make a difference at Manor Park. Here are a few: May Fair volunteers, Pizza volunteers, Grant writing, Fundraising, in-class support, Badminton Club, School Council Website support.

To get involved, please drop us an email at [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)

**We look forward to hearing from you!      \*\*\*Many thanks to all our volunteers!\*\*\***