

# Parent Council Update

April 2017

Website: [www.mpsc.info](http://www.mpsc.info)

E-mail: [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)

## SCHOOL COUNCIL



Join us for our next School Council meeting. On the agenda, the Parents Reaching Out (PRO) Grant (ideas for next year), Roots of Empathy, OCASC update, and more. The meeting takes place **Wednesday, April 12th, 2017, at 7 pm** in the school library.

**All are welcome. Hope to see you there!**

Interested in receiving updates from School Council? Send your email address to [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca). The School Council website is updated on a regular basis. Check it out! [www.mpsc.info](http://www.mpsc.info).

## School Council Executive

We are happy to have the following volunteer executive members for the 2016-2017 school year:

Chair – Sue Noble  
Vice-chair – Kathryn Pizana  
Past Chair – Wendy Colthart  
Secretary - Caroline Sullivan  
Communications Coordinator - Sharon Leslie  
Kindergarten Representative – Steve Bezanson  
Primary Representative - Nancy O'Brien  
Junior Representative – Suehila Elkatab  
OCASC Representative – Andrea Genereaux  
Members at Large - Edith Post and Andrew Matthews  
MPCC Community Liaison Delegate – Mary Ruth Endicott  
Treasurer / Home and School Representative – Heather Mustoe

Thank you to everyone who is taking on a role with Council this year!

### Staff Representatives:

Sue Massaad, Principal  
Dan Martin, Vice Principal  
Bruce Devenny  
Marie-France Jeurond

### Home and School Association:

Past Chair – Wendy Colthart  
Chair - Sue Noble  
Secretary – Caroline Sullivan  
Treasurer – Heather Mustoe

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## Council Meetings – Open Forum

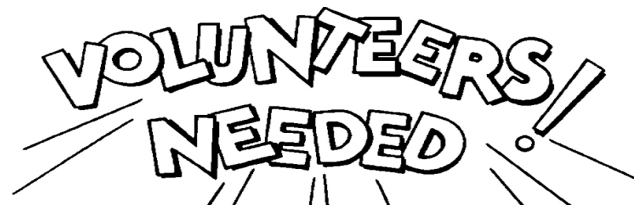
The Manor Park School Council meets regularly throughout the school year. Typical agenda items include an update from the Principal and Vice Principal, updates on Council's financial matters as well as other items that are of interest throughout the year.

**Are you thinking about joining Council next year?** Come to a meeting this year and mentor someone - or share your ideas! We hope you'll come!

## Interested in volunteering for May Fair? Want more information?

Contact this year's May Fair coordinator Rachel O. at [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca) or visit our website for more details at [www.mpsc.info/mpscblog/fundraising](http://www.mpsc.info/mpscblog/fundraising)

# 65<sup>th</sup> May Fair – May 27<sup>th</sup>, 2017



May Fair planning is underway, and we still have a few spots left to be filled. Here is a bit of information on the vacant roles:

**Drink Table:** Separate from the BBQ line. This role ensure we have ice, coolers, and drinks to hydrate the crowd and volunteers.

**Munchkin Games:** Imagination! Prepare games for little ones to keep them busy. Ensure volunteers, and required materials are available.

**Parade:** The parade starts the May Fair! This person will need to contact RCMP, Fire Station, RCMP Horses, gather bike decoration and ensure we are set up for a walk around the block with the childrens' decorated bikes.

**Surprise Jars:** Surprise Jars are always a big hit at this event! Kids love to gather up the toys from home to donate, and love getting to pick up new ones at the fair. We need someone to coordinate this booth and ensure we have approximately 200 jars, and volunteers for the day!

**Silent Auctions/Sponsorships:** As part of a team, we need to gather silent auctions items and sponsorship for the event. We currently have 2 part time convenor, but having someone else on board would be a great asset!

**Have a high school student in your home? Helping with games all while having fun is the best way to get their volunteer hours in!**

**Want more information?**

Contact this year's May Fair coordinator Rachel O. at [rachelouellette5@gmail.com](mailto:rachelouellette5@gmail.com) or visit our website for more details at [www.mpsc.info/mpscblog/fundraising](http://www.mpsc.info/mpscblog/fundraising)

**Thank you for considering these positions. Please help us make the 65<sup>th</sup> May Fair a success!Ω**

# PIZZA THURSDAYS!



The third and final pizza session started smoothly thanks to everyone who got their forms in on time!!!

I'm away this week and will not be available to make any additions to the lists but if you missed the deadline and would like your child to receive pizza for the remainder of the session, get your forms in by Monday April 17th and I will make sure they're added for Thursday the 20th.

Thanks for your support with this yummy fundraiser!



The Pizza Lady  
[wendycolthart@gmail.com](mailto:wendycolthart@gmail.com)

## NEWS FROM OUR SCHOOL TRUSTEE

Visit the website [www.SchoolZone6.org](http://www.SchoolZone6.org) for information on the Elementary School Program Framework Consultation.

Chris Ellis [613-818-7350](tel:613-818-7350)

Trustee Zone 6 Alta Vista & Rideau-Rockcliffe of the Ottawa-Carleton District School Board

## MANOR PARK COMMUNITY COUNCIL

Visit the MPCC website for the latest news and registration:  
<http://www.manorpark.ca/index.php>

The MPCC has been providing recreational programs, and now licensed child care, to the community for over 35 years!

We have lots of **sports for kids!** Register online at [manorpark.ca](http://manorpark.ca)

Follow us on Twitter @ManorParkcc

Follow us on Facebook at [www.facebook.com/ManorParkCommunityCouncil](http://www.facebook.com/ManorParkCommunityCouncil)

# MindMasters 2

The MindMasters series are mental health promotion resources that help children to master emotional regulation through relaxation, positive thinking and mindfulness based techniques.

MindMasters 2 introduces children to these skills in fun and age-appropriate ways. Our goal is that with practice, children are able to use these skills on their own, in a variety of settings throughout their lifetime.

## **Who can use it?**

## **What is included?**

The resource is designed for adults (both parents and professionals) to use with children ages 4-9 years. MindMasters 2 is very flexible. Each activity includes tips around how to modify the activity to meet the individual needs of the child or group of children that you are working with.

## **Activities & Songs - Animal Yoga**

- Guidebook (instructions, discussion questions, link to Ontario Elementary curriculum)
- Additional resources (printable templates)
- Accompanying media (audio tracks, videos, songs)
- Interactive app for iOS - [available here](#)

Please find the complete resource below or download the free app for iOS on the App Store.

## **Skills that last a lifetime!**

Thank you to all who attended the MindMasters 2 workshop on March 29, 2017 at Manor Park. Please find the complete MindMasters 2 toolkit [here](#) and complete a quick [workshop evaluation here](#).

Thank you,

Julia Kurzawa

Project Coordinator | Coordinatrice du projet – MindMasters 2

Health Promotion & Injury Prevention | Promotion de santé et prévention des blessures

Children's Hospital of Eastern Ontario | Centre hospitalier pour enfants de l'est de l'Ontario

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## MABEL'S LABELS



Buy Mabel's Labels  
to support our fundraiser.

Labels for clothes, shoes, containers and more.



[Click here to support the Manor Park School Council and buy labels](#)

Customers know the benefits of labeling their items, and orders are placed throughout the year, not just during the back-to-school season. **Labels are a great way to save going to the Lost & Found!** Mabel's Labels have labels for backpacks, shoes, pencils, sweaters, jackets, and any type of item.

### Here's one of their specials: **Day Camp Label Pack**

Designed especially for kids heading to day camp! This value-packed collection of waterproof labels and tags has everything needed to avoid mix-ups and lost items at busy day camps this summer. Make sure everything from clothes & footwear to backpacks, sports gear and more returns back home!

- 16 Mini Custom Name Stickers: 38mm x 8mm (1-1/2" x 5/16")
- 21 Tag Mates™ Stick On Clothing Labels: 21mm x 10mm (13/16" x 3/8")
- 2 Custom Shoe Stickers: 33mm (1.3")
- 2 Personalized Bag Tags: 57mm x 32mm (2-1/4" x 1-1/4")

Please note: Tag Mates™ are very small and are meant to be applied to clothing care tags only and are not guaranteed if applied directly to the clothing fabric.

Dimensions: Mixed

1 Pack  
~~CAD\$19.99~~ **CAD\$17.99**

**You'll see "You are supporting:Manor Park School Council (Ottawa)"** in the top left corner. If not, then choose **Manor Park School Council** in the drop down menu. It's easy to find MPSC's fundraising page then you'll be helping provide funds directly to our school.

Tell your friends about this great fundraiser! [Visit the website](#) for more details.

**Stay tuned for information on an upcoming spring movie night', date TBD**

**INTERESTED IN OTHER WAYS TO GET INVOLVED?**

There are countless ways to make a difference at Manor Park. Here are a few: May Fair volunteers, Pizza volunteers, Grant writing, Fundraising, in-class support, Badminton Club, School Council Website support.

To get involved, please drop us an email at [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)

**We look forward to hearing from you!**  
**\*\*\*Many thanks to all our volunteers!\*\*\***